



Advice after Root canal treatment

Take medications as directed.

The dentist may prescribe pain relievers and antibiotics to reduce discomfort and prevent infection.

Stick to a soft diet.

Avoid hard, crunchy, or chewy foods and hot and cold foods that irritate the treated area. This will help protect the treated tooth and prevent any accidental damage.

Avoid alcohol and smoking.

Both of these activities can interfere with the healing process and delay recovery.

Temporary filling dislodgment

After the first visit, the dentist will put a white temporary filling to close the canal. If any of the filling come off, please contact us right away.

Practise good oral hygiene.

Brushing and flossing your teeth regularly is necessary to prevent infection and ensure proper healing.

Follow up with your dentist.

It is crucial to attend follow-up appointments with your dentist as recommended. These appointments will allow your dentist to monitor your healing progress and ensure that the treated tooth is healing properly. If any complications arise, your dentist will be able to address them promptly.

